COLD OATMEAL RECIPES



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Classic Overnight Oats: Your Base Recipe. First, I m going to talk you through my overnight oats base recipe. This recipe is simple, easy, and delicious on its own. If you re a vanilla fan, you ll love it! But this recipe is also good to know because it serves as a base to get imaginative. Mix in whatever fruit or seeds you like.

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No Cook Overnight Oatmeal Recipe Allrecipes com

Step 1, Combine milk, oats, Greek yogurt, chia seeds, honey, and cinnamon in a 1/2-pint jar with a lid; cover and shake until combined. Remove lid and fold in blueberries. Cover jar with lid. Step 2, Refrigerate oatmeal, 8 hours to overnight.

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Apparently this kind of cold yogurt & oatmeal mixture has been around for awhile. click to view Banana Cocoa Refrigerator Oatmeal recipe . 5.

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The only "cake" portion of this is the crumbled muffin on top. Otherwise it's just shredded carrot, maple syrup, and cinnamon. Find the recipe here.

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Cold Breakfast Oatmeal Recipe MrBreakfast com

How To Make Cold Breakfast Oatmeal The night before your breakfast, mix oats, milk, cinnamon and sweetener (if using) together in a cereal bowl. (If you are using the dried blueberries, go ahead and add these the night before - making sure they have plenty of liquid covering them.) Now cover with plastic wrap and place in the fridge overnight.

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3 Great Cold Oatmeal Ideas womenshealthmag com

These are so much better than just grabbing a yogurt on your way to work. But don't take our word for it try the recipes for yourself.

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Cinnamon And Raisin Porridge (oatmeal), Slow Cooker Maple

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Overnight Cold Oatmeal Recipe Genius Kitchen

Healthy tasty and ready to go when you wake up - Make it overnight in the fridge, but tastes even better on days 2 and 3. Doesnt last much longer in our house.

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Cold Breakfast Oatmeal Recipe Genius Kitchen

Make and share this Cold Breakfast Oatmeal recipe from Genius Kitchen.

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Muesli Cold oatmeal with Yogurt Nuts Fruits and Honey

Muesli | Cold oatmeal with Yogurt, Nuts, Fruit and Honey is a no-cook rich breakfast option made by mixing rolled oats, grains, nuts, and fruits in milk.

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